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American psychologist - michigan state university. est. 1855

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PhD; Christopher Peterson, Dispositional optimism as a predictor of health changes among cardiac patients. Journal of Research in Personality. 1996;

The benefits of optimism | our better health

Aug 02, 2015 The Benefits of Optimism. Superior Health. In a study of 99 Harvard University students, Peterson, Christopher; Seligman, Martin E.; Vaillant,

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Kunz-Ebrecht, S. R. and Iliffe, S. (2006), Dispositional optimism and health behaviour in community Christopher M . Celano, Deborah Christopher Peterson,

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He is noted for his work in the study of optimism, health, character, A Primer in Positive Psychology, by Christopher Peterson (Textbook)

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