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### **Canadian journal 55: 67**

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Nov 23, 2010 BARKER, V. 1985. Posture Makes Perfect. Auckland, NZ: Fitworld Publishers. BARLOW, M.A. 1978. London: Victor Gollancz Ltd. BARLOW, W. 1946.

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There is one comment I d like to make about the article, though, that the author misses. That is, the communal nature of human exercise through history.

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