

# Teaching Gong Yoga By Mehtab Benton

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MEHTAB BENTON is the originator Astrology Yoga, Teaching Gong Yoga, She has trained Hatha Yoga teachers through her Yoga Alliance Registered School and is

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The Gong Yoga and Kundalini Sadhana week is for yoga students, Mehtab Benton is the originator and author of Gong Yoga, Teaching Gong Yoga:

## **Mehtab benton (author of gong yoga)**

Mehtab Benton is the author of Gong Yoga (5.00 avg rating, 1 rating, 0 reviews, published 2008), Teaching Gong Yoga (0.0 avg rating, 0 ratings, 0 reviews)

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Mehtab Benton at Spirit Voyage. Spirit He has taught Kundalini Yoga and Gong workshops to students and teachers from around the world at Mehtab is the author

## **Gong yoga teacher training | gong teacher**

Gong Yoga Teacher Training. Mehtab Benton, The course is suitable for those who may already be teaching yoga or wish to use the gong effectively in yoga

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Featuring: Mehtab. Mehtab is the originator and author of Gong Yoga, Mehtab will be teaching the following at the festival:

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## **Mehtab, mehtab benton, gong yoga, gong - one**

Mehtab. Mehtab Benton is the originator and author of Gong Yoga, Teaching Gong Yoga, and the DVD course How To Play the Gong for Yoga, Meditation and Healing.

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