

**Wrestling Drills For The Mat And Mind By Dennis A.  
Johnson Ed. D**

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### **Wrestling drills for the mat and the mind by**

Wrestling Drills for the Mat and the Mind (Dennis A. Johnson) at Booksamillion.com. Author Dennis Johnson, Ed. D., a former wrestler, successful wrestling coach, and

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Professional Wrestling, With all of this in mind, Crush, Savio Vega, D'Lo Brown, Kama Mustafa/The Godfather, Ahmed Johnson, Rocky Maivia/The Rock, Mark

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Johnson was born into a wrestling family. Dwayne Johnson, byname the Rock Michael Ray Ed. Comments; Share; Email; Print; Cite;

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