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Deborah Bernstein Deborah Bernstein is a yoga Deborah is the author of What is Yoga? and Yoga in America. she left the corporate world to teach yoga. Deborah

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Deborah Bernstein is a yoga instructor and the founder of Roslindale Yoga Studio, in Boston, MA. Deborah is the author of What is Yoga? and Yoga in America.

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Deborah Bernstein @ FlorianYoga. Auditor turned yoga writer/teacher. Supporter, Wounded Warriors. Creator, 30 Day Yoga Journey. Author, Yoga in America.

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Deborah Bernstein is a former management consultant and corporate finance executive turned yoga teacher and Deborah is the author or "Yoga in America

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In January 2009, Hannah was invited to write one of the chapters in a new book, edited by Deborah Bernstein, called Yoga in America. Published in February 2009

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Yoga in America is a collection of essays from a variety of yoga teachers across the United States. You won't find anything from superstars like Rodney Yee, Shiva

Deborah bernstein from boston, ma on twitter |

BIO. Auditor turned yoga writer/teacher. Supporter, Wounded Warriors. Creator, 30 Day Yoga Journey. Author, Yoga in America. Love America, but don't drink Obam-Aid.

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